

Eagle Lake Office
PO Box 310
Eagle Lake, ME 04739
Telephone (207) 444-5152
Fax (207) 444-6099



Caribou Office
PO Box 187
Caribou, ME 04736
Telephone (207) 492-1036
Fax (207) 492-1830

FOR IMMEDIATE RELEASE:
Contact: 444-5152

Peers choose Lita Bouchard as DSP Mentor of the Year

EAGLE LAKE, Maine (Sept. 15, 2021) – As part of Direct Support Professionals Week 2021, this week, Lita Bouchard’s peers in NMG’s Home & Community Supports Division have chosen Lita as DSP Mentor of the Year.

Assistant Day Program Coordinator for the social service agency’s Home & Community Supports Program, Lita celebrated her 10th year with NMG in February.

Excerpts from coworker nominations include

- “welcomed me to the team,”
- “showed me what was expected by walking me through tasks step by step,”
- “is polite and thorough and would make time to make everyone feel comfortable,” and
- “taught me that we are here for the consumers.”

Lita’s supervisor, Community Supports Coordinator Lauri Raymond, describes Lita as “a dedicated, consistent, reliable individual who looks at each workday with a positive attitude.”

“Lita has taken the initiative to ensure that clients and staff both follow Covid-19 restrictions, assists with staff Covid trainings, and is willing to go above and beyond to make each workday successful,” Lauri said. “She has been a team player who finds solutions and not problems, and she is an asset to the waiver division.”

NMG’s DSP Week activities include drawings, treats, T-shirts, gift cards, and personalized Thank You cards.

Our mission is to provide individuals with the highest standard of care and help all of the people we serve enjoy life to the fullest potential.

Toll Free 1(866) 321-1999

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TTY (207) 444-2876

"Northern Maine General appreciates the hard work of all of our front-line Direct Support Professionals in our Home & Community Supports Division and in our Children's Rehabilitative and Community Supports Program," said CEO Michelle Raymond. "We also value the dedication of our affiliated staff on that team."

Pam Michaud and Tammy Parent were also nominated for DSP Mentor of the Year this year. Last year's DSP Mentor of the Year was Ashley Case, based out of the Caribou office where she provides children's services.

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Northern Maine General is a nonprofit social services organization serving Aroostook County, with business offices in Eagle Lake and Caribou. Founded in 1907, NMG provides long-term care, rehabilitation, home and community supports, behavioral health services, case management, and consultation services and resources. Contracted services include subsidized apartments.